



Springs Tennis Adult Programs



Drills and Skills: Starts in March

Drills and Skills classes are high energy classes that include some stroke development and situational tennis for each specific level of play. The focus of our instruction is games based, enhancing learning through situational play. The program is also a great way to meet new players of your ability level.

Drop-In classes. Held every Tuesday and Thursday night from 6:00 pm – 7:30 pm. It's \$15 cash or check. No Membership or commitment needed! Join our email list. An email goes out every Monday and Wednesday morning for that night's drill. Email back to reserve your spot for that night. First 8 people to respond get their spot in the drill! It's that simple!

Tennis in No Time: Starts in May

TNT 1: This class is the perfect start for beginning players who have little to no experience with tennis.

TNT 2: Ready for a more challenging workout, but not quite ready for full match play or competitive drill? Come join this group. In this class, you'll use the skills developed in TNT1 or from previous experience to prepare your game for full match play, drills, Cardio tennis, leagues and all the fun that tennis has to offer.

Classes are once a week for 4 weeks and last one-hour. It's \$15 per class (\$60 per session). Must register for session on website.

TNT 1 (Monday Nights: 6 – 7 pm)

Session I: May 23 – June 13

Session II: June 20 – July 18

July 25 – August 15

TNT 2 (Wednesday Nights: 6 – 7 pm)

Session I: May 25 – June 15

Session II: June 22 – July 13

Session III: July 20 – August 10

Visit www.SpringsTennis.com to register or for more information.

Contact: Director, Marc Knutilla: Marc@SpringsTennis.com or (719) 385-6023